



Ninilchik Traditional Council

The Ninilchik Tribe traces its roots back to the first Native communities located around the Cook Inlet and surrounding area. Tribal boundaries extend from South of the Kasilof River to Homer and East from the Caribou Hills across the Cook Inlet to Mt. Redoubt.

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Retraction:

We would like to apologize for the errors made in the

Classified

Section in last month's newsletter.

**Resource Development
Phone number
is: 567-3603.**

**Alaska Ivory
Creations is:
398-7300**

Elders Information Meeting

The next scheduled Elders information meeting will be on May 18th, 2005 at the Subsistence Building at 11:00 a.m.

Information is given to the Elders of the Tribe for review and input!

These meeting are held every other month to keep Elders up to date on issues and projects pending. *Your* input matters, so please join in.

Door Prizes will be given away at the meetings!

Also, enjoy lunch cooked by Anna Grant, Elders Outreach Coordinator!

Regular Council Meeting

Ninilchik Traditional Council

will hold it's next Regular Council Meeting

April 15, 2005 in the Conference Room at the NTC main office.

Lunch will be at 12:30 p.m. and the meeting will follow at 1:00 p.m.

We would like to announce that the prize drawing is \$100.00!

Regular Council Meetings are open to all Tribal Members.

Please call if you have any questions.

567-3313

NTC Community Clinic Sponsored 2005 HEALTH FAIR!

Kenai Peninsula State Fairgrounds in Ninilchik

APRIL 16th, 2005

9:00 AM - 2:00 PM

*Exhibits, Door Prizes, Health Screening
and optional Blood work.*

FREE Continental Breakfast

After Optional blood work

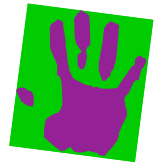
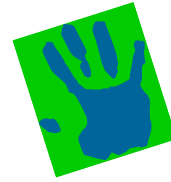
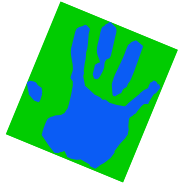
NTC TRIBAL SERVICES

Tribal Services Department

Box 39444

Ninilchik, AK 99639

Phone (907) 567-3313 Fax (907) 567-3354



**INTERESTED IN BEING A FOSTER FAMILY?
FOSTER AND ADOPTIVE HOMES ARE
ALWAYS NEEDED, PLEASE CALL THE
OFFICE OF CHILDREN'S SERVICES
FOR INFORMATION ON
LICENSING FOR YOUR HOME**

(907) 283-3136

FOR FURTHER INFORMATION

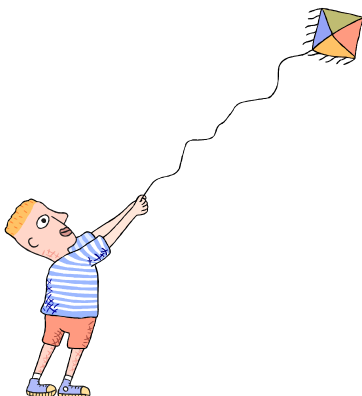
CONTACT MICHELLE STEIK

NINILCHIK

TRADITIONAL COUNCIL

ICWA SPECIALIST

567-3313



Executive Director's Address

NINILCHIK TRADITIONAL COUNCIL GOVERNING BODY OF THE NINILCHIK VILLAGE TRIBE

Clinic Expansion Update! As some of you may have noticed driving by the Ninilchik Community Clinic, we have completed our Clinic Expansion project! Andy Boyle and his crew have done a fantastic job, especially given the weather they had to do it in. The last few remaining touches are hooking up telephone/internet access and moving in! NTC thanks Debra Henderson and Arctic General Contracting for all the hard work and great job they have done. Soon we will be moving people over who will be having their very own new offices. Also, there is a huge basement area which allow us more storage capacity. This will open up a lot more space in the original Clinic building for more medical use.

New Employee! I am pleased to announce that Michelle Quinton (Chihuly) has been hired on as our new Community Health Aide/Medical Assistant. Unfortunately, we are losing a very valuable employee, Severine Basham, who has been accepted to a Physicians Assistant program in Washington. We are extremely sad to see Sevy go, but very proud of her for her aspirations of furthering her education. I am very confident that Michelle will be a wonderful addition to the Clinic staff, given her medical background and previous EMT training and experience. Currently, Michelle is only working on Wednesdays, but will be working full time later this spring. Welcome Michelle! Along these lines we are sorry to see Alana go due to funding reductions and we wish her the best in her future endeavors.

Regional Advisory Council Meetings! A thanks goes out to our President/Chairman who sits on the South Central Regional Advisory Council. He successfully garnered support to recommend approval of our moose hunting proposal to the Federal Subsistence Board. The proposal was amended although it would give an early hunt as well as a late hunt after the regular season. The Council discussed this proposal and asked that the Federal Subsistence season be moved to after September 20th, which is a more appropriate time for the Ninilchik hunters. **We need Tribal members to be present at the Federal Subsistence Board meeting in order to show our support and insure that the proposal as amended is approved.**

Sincerely,



Ivan Z. Encelewski

NTC Executive Director

Don't forget our website!

www.ninilchiktribe-nsn.gov

Ninilchik Health & Wellness Club Attendant**OPEN:** April 10, 2005**CLOSED:** When Filled**Position Type:** Part time; classified @ 25 hr/wk**Wage:** \$10.00**DESCRIPTION**

This position will be accountable to the Diabetes Grant coordinator for duties and responsibilities.

Hours will be adjustable due to majority use of the facility.

Register all clients who use the building and equipment

Gather information for Diabetes Grant

Supervise clients/participants of the Health & Wellness Club

Clean and maintain equipment and building

Secure and safe facility

Other duties as assigned

QUALIFICATIONS

High School Diploma or equivalent

Sensitivity, positive attitude, observant, responsible, confidential, and ability to communicate effectively.

Ability to maintain neat and comprehensive records and files

Background investigation report

Good reading, writing and math skills

CRR and First Aid certified

INDIAN PREFERENCE

Indian Preference in filling this position by initial appointment, promotion transfer, reassignment, reinstatement, or any other personnel action, we are required by law, Indian Self-Determination and Education Assistance Act (25ISC450e(b)). To give absolute preference in selection to candidates who are eligible for Indian Preference.

*For consideration under Indian Preference, proof is required.

SUPERVISION

This position will be under the direct supervision of the Diabetes Grant Coordinator. This position, as with all NTC positions, is subject to and under the direct authority of the NTC Policies and Procedures. NTC positions are dependent upon availability of funds.

DRUG -FREE

The NTC is a Drug-free Workplace and testing is required

**APPLICATIONS ARE AVAILABLE AT THE NINILCHIK TRADITIONAL COUNCIL OFFICE
ACROSS FROM THE GENERAL STORE**

NTC TRIBAL SERVICES



Tribal Services Department

Box 39444

Ninilchik, AK 99639

Phone (907) 567-3313 Fax (907) 567-3354



Christina Demidoff, Extension 1008 chris@ninilchiktribe-nsn.gov

Maria Goins, Extension 1011 maria@ninilchiktribe-nsn.gov

Michelle Steik, Extension 1010 msteik@ninilchiktribe-nsn.gov

NATIONAL TRIBAL CHILD CARE TRIBAL WORK GROUP NOMINATION

On March 29th, 2005, Michelle Steik, NTC ICWA Specialist, gave a positive response to a letter of request from the Child Care Bureau. Michelle has been invited to serve on the national Child Care Bureau's Tribal Work Group (TWG) for a two-year term, beginning May 2005!

This technical advisory group provides assistance to the Child Care Bureau in developing policies and procedures for tribal child care programs across all of the United States.

Tribal Child Care administrators are nominated by Administration for Children and Families (ACF) Regional Offices. Only one representative is nominated from Alaska.

The TWG was initially established in the early 1990s to assist ACF with the implementation of the Child Care and Development Block Grant (CCDBG) Program. TWG members provide technical advice and valuable perspectives on a number of issues pertaining to the former CCDBG - now called the Child Care and Development Fund (CCDF).

Good job Michelle and good luck!

KPC Kenai Peninsula College Learning Center

Want your GED? (General Education Diploma)

How about improving your basic skills?

A representative from Kenai Peninsula College Learning Center can come to Ninilchik to help you with your educational questions.

CALL: Kenai Peninsula College at 262-0328 for information or to schedule an appointment.

We can provide information on:

- How to earn your GED
- How to Improve your English and math skills
- Provide information on the Adult Basic Education Program, distance education, or other educational opportunities.

NEWS AND INFORMATION

TRAINING IN NINILCHIK!

40 - Hr. HAZWOPER

Hazardous Waste Operations and Emergency Response

This course is required of all individuals whose work involves presence at sites involving or containing hazardous waste materials or responding to hazardous material spills or incidents.

Includes all material required by OSHA 29 CFR 1910.120 for the 40-hour program. Students learn to handle hazardous materials in various forms and conditions, sample and field test materials, determine proper levels of protection, appropriately choose personal protective devices and respiratory protection equipment (emphasized), layout and characterize a site, establish exclusion zones, know decontamination procedures, and provide proper record keeping.

University of Anchorage, Alaska Hazardous Waste Operations and Emergency Response Certificate and Card issued upon completion of class.

**Ninilchik 40 - hr. Mining and Petroleum Training Service's
HAZWOPER Class ~ Sponsored by NTC and Open to All
Cost - \$585.00 per student**

**Alaska Native/American Indian Scholarships Available
Verification Requirements:**

- **Reside in NTC Tribal Boundaries**
- **Tribal Enrollment Card or,**
- **Certificate of Indian Blood**

Limited Class Size - Registration Closes April 10th

For information and Registration: Call Annitta at 567-3970 Ext. 1016

Website of the Month:

<http://www.alaskanativearts.org>

Visit this site for Alaska Native Arts Foundation Information.

INVITATION!



SURPRISE BIRTHDAY!!

**Please join us in a Surprise Birthday Party
For
Betty Porter's 75th Birthday!**

**This Surprise Party will take place
May 1st, 2005 at 12:30 p.m.**

**At
American Legion Post 18 in Ninilchik**

**Please bring a potlatch dish and celebrate with us.
Any questions, please call Debra Henderson at
252-3544**

If you can't join us, please send a card to:

**Betty Porter
%Debra Henderson
P.O. Box 39768
Ninilchik, AK 99639**



Thank you!

Environmental

TIPS FOR PROTECTING YOUR INDOOR AIR QUALITY (1 of 2 pages)

Protecting your indoor air quality involves numerous daily choices and the development of effective habits. Following are tips on how to recognize air pollution in your home.

BIOLOGICAL POLLUTANTS (like molds and dust mites)

What biological problems should I be concerned about? Molds, cockroaches and dust mites are common biological pollutants. Molds are often found in damp or wet areas of the home such as bathrooms, kitchens, laundry rooms or basements. Dust mites can be found in mattresses, pillows, carpets, etc. Cockroaches are attracted to areas where food and water are available.

What are some of the health effects? Allergic reactions are common health problems associated with biological pollutants. Symptoms often include watery eyes, runny nose and sneezing, nasal congestion, itching, coughing, wheezing and difficulty breathing, and headache. Dust mites, molds and cockroaches are known to trigger asthma episodes.

How are biological contaminants transported through the house? Molds and dust mites thrive in areas of excessive moisture. Mold grows on organic materials such as paper, textiles, grease and soap scum. Mold spores float throughout the house, forming new colonies if they land on something damp or wet. Dust mites thrive on dead human skin cells and in textiles such as bedding, carpeting and upholstery. When these textiles are disturbed during vacuuming, making beds or walking on carpet, particles become airborne. Animal dander as well as pollen and plant material that enter through open windows or on pets and clothing may become airborne when disturbed.

If I'm concerned about the biological contaminants in my home, what can I do to control the problem? There are no practical tests for biological contaminants for use by non-professionals. However there are signs to watch for. You can sometimes see and smell mold. Old growth should be suspected wherever there are water stains, standing water or moist surfaces. Prevent mold growth by keeping basements, bathrooms and other rooms clean and dry. Clean up mold on hard surfaces with detergent and water and dry completely. Absorbent or porous materials that are moldy may have to be discarded. Mold can grow and fill in spaces in porous materials so that they are difficult or impossible to clean. Also, find and fix the water problem! Humidifiers, dehumidifiers and air conditioning condensing units should be regularly cleaned. Eliminating water problems and reducing humidity will help reduce biological contaminants such as mold cockroaches and dust mites. Keep humidity at acceptable levels (less than 60 percent; ideally 30 to 50 percent) and make sure there's plenty of ventilation, especially in areas where moisture tends to build up. People who are sensitive to dust mites should consider using dust-proof mattress and pillow covers, wash sheets and blankets weekly in hot water. They may need to replace carpeting in their homes with hard surfaced flooring and use area rugs that can be removed and cleaned. Vacuums with higher efficiency filters or central vacuum systems may help reduce the airborne dust generated by vacuuming.

(Continued on Page 9)

Environmental

(Continued from page 8)

TIPS FOR PROTECTING YOUR INDOOR AIR QUALITY

(2of 2 pages)

How do I clean up Mold? According to the U.S. Environmental Protection Agency (EPA), if the moldy area is less than about 10 square feet (less than roughly a 3 ft. by 3 ft. patch), in most cases, you can handle the job yourself, following the guidelines below. However: ~ If there has been significant water damage, and/or mold growth covers more than 10 square feet, consult the U.S. Environmental Protection Agency (EPA) guide: *Mold Remediation in Schools and Commercial Buildings*. It is available free by calling the EPA Indoor Air Quality Information Clearinghouse at (800) 438-4318, or on the internet at: www.epa.gov/iaq/mold_remediation.html. ~ If you choose to hire a contractor to do the cleanup, make sure the contractor has experience cleaning up mold. Check references and ask the contractor to follow the recommendations in EPA's *Mold Remediation in Schools and Commercial Buildings*, the guidelines of the American Conference of Governmental Industrial Hygienists (ACGIH), or other guidelines from professional or government organizations. ~ If you have health concerns, consult a health professional before starting cleanup. ~ For do-it-yourself clean-up, note that the use of a disinfecting chemical or biocide that kills organisms such as mold (chlorine bleach, for example) is not recommended as a routine practice during mold remediation, although there may be instances where professional judgment may indicate its use (for example, when immune-compromised individuals are present). In most cases, it is not possible or desirable to sterilize an area; background levels of mold spores will remain - **these spores will grow if the moisture problem has not been resolved**. If you choose to use disinfectants or biocides, always ventilate the area. Outdoor air may need to be brought in with fans. Never mix chlorine bleach solution with other cleaning solutions or detergents that contain ammonia because toxic fumes could be produced. In instances when a biocide is NOT used, simply damp-wipe surfaces with plain water or with water and detergent solution (except wood - use wood floor cleaner); scrub as needed. Always dry completely after cleanup is completed. In order to limit your exposure to airborne mold during cleanup, you should wear an N-95 respirator, available at many hardware stores. In order to be effective, the respirator or mask must fit properly, so carefully follow the instructions supplied with the respirator.



Feel free to call the NTC Environmental Office for any questions. 567-4394

HOUSING



"A goal is a dream with a deadline." ~ Harvey Mackay

Hello Tribal Members,

By the time you read this we will have closed our applications for the Group Workcamps, but I just wanted you to know that there has been an overwhelming response, with most people surprised that something like this could happen here in our little community of Ninilchik. We have the coordinators coming up from Colorado in mid April to assess all the homes and put together their material list. There are over 200 youths coming up in July to work on about 40 homes. From the list of applicants it looks like they will be doing everything from repairing porches, roofs, sidings, building wheelchair ramps, caulking and painting and there is even a request for them to build an outhouse. Only in Alaska!

I would like to tell you about some other things we have going. We are currently working on an Independent Living Center here in Ninilchik. The Council has had numerous request over the last couple of years and thought it was time to see what it would take to get one here. Since last September, I have been attending numerous trainings on Assisted living homes, Independent Living homes and the types of grants available for either of them. We are in the final steps of paperwork involved with a grant I was awarded from AHFC this year. This \$10,000 Pre-Development Grant is to be used to assess the need for Senior Citizens Housing within the Ninilchik area. While this seems like we already know that there is a need, the grants to build this development require us to have a independent report assuring them that this is true.

The first step to assess what is needed. In early April we will be sending out a survey. This survey is not to be confused with the Needs Assessment survey, which will be done at a later time. This survey is to start addressing what is needed in elderly housing, how much land will be needed, how many units, and if there will be a future need for an assisted living center. This information will be used to tell the "Survey Group" what to look for and find out.

So please, when the survey comes in the mail, take the time to send it back. I will be including a stamped return envelope for your convenience.

I hope you all had a wonderful and safe Easter and have your starts going for your gardens.

Until next month take care.

Bob ☺

CLASSIFIED SECTION

Alaska Comfort Accommodations Open All Year - Affordable Rates P.O. Box 39313 Ninilchik, Alaska 99639 PHONE and FAX: (907) 567-3211 EMAIL: offbjea@yahoo.com

Alaska Ivory Creations *Gene Steik* (907) 398-7300 P.O. Box 39709 Ninilchik, Alaska 99639

Arctic General Contracting *Andy Boyle* Licensed * Bonded* Insured PHONE:(907) 567-1057 EMAIL: ajsupply@alaska.net

Caribou Run Bookkeeping & Tax Services, Inc. *Debra J. Blakely, EA LTC* P.O. Box 2093 Kenai, Alaska 99611 PHONE: (907) 283-8390 FAX: (907) 283-8391

C & K Enterprises DBA Ninilchik Computer Repair PHONE: (907) 567-3428 FAX: (907) 567-3468 EMAIL: bandit1@acsalaska.net *Snow Plowing Also Available!*

Designs by Doris Locally Made & Fine Handcrafted Beaded Jewelry PHONE: (907) 567-3930

Eric's Nets Build, repair and store - Eric Kvasnikoff, 16035 Marion Street ~ Ninilchik, AK 99639 PHONE: (907) 567-3408

Forget-Me-Knot Quilting 11472 Kenai Spur Hwy, #1 Kenai, AK 99611

TOLL FREE PHONE: 1-866-LETS-SEW forgetmeknot@alaska.com

High Five Awards and Engraving *Ray Bouwens* Truly memorable client service 3307 Boniface Parkway, Lot 9A Anchorage, Alaska 99504 PHONE and FAX: (907) 337-1099

EMAIL: heapbigjinjin@yahoo.com

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PHONE: (907) 260-7461 justfoiled@hotmail.com

Mosquito Enterprises Greetings Cards * T-shirts * Jewelry * Note Card Sets PHONE: (907) 235-2140 EMAIL: info@mosquito-enterprises.com

Nature Alaska Wayside *Owned and operated by Jon James* Groceries, Video Rentals, Gifts, Espresso, & More! Mile 117.5 Sterling Highway Clam Gulch, Alaska 99568 PHONE: (907) 260-6265 Cell: 252-5171

Peninsula Tank Manufacturing Septic and fuel storage tanks. AK D.E.C. APPROVED! Contractors and Dealers welcome, please call for price list. (907) 262-5995 (907) 262-2976 (907) 262-6256

Poet of the Earth Art Studio & Gallery P.O. Box 39362 Ninilchik, Alaska 99639 (907) 567-3655 jsws@alaska.net

Quick Silver Truck and Auto Repair *Kirt Parkinson* Tire Changeover/repair, computerized balancing machine. Snowplowing and sanding. Licensed and insured (907) 235-2197 (907) 299-3007

Resource Development Box 39375 Ninilchik, AK 99639. Phone: (907) 567-3603 Fax: (907)-567-3530 E-mail rdc1@alaska.net. Cell: 398-3521 or 398-0044

Starving Artist Studio Mile 134.5 Sterling Highway, Ninilchik, AK 99639. Art and gift shop of local Ninilchik artisan Nick Cooper. Phone: 907-567-3348

Jackson Enterprises *Scott Jackson Owner* Home Heating Oil Delivery to Ninilchik area. Phone: 262-4159 ~ Cell: 398-4157 ~ Fax: 262-4130

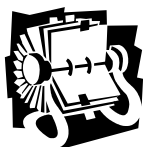
Alaska Trivia: What is a Barn Door?

A large halibut in excess of 300 pounds.



Ninilchik Traditional Council
Box 39070
Ninilchik, AK 99639

MARCH 2005



Name: _____

New Address: _____ Social Security # _____

_____ Date of Birth: _____

_____ Phone Number: _____

Parent or Sponsor for the following tribal members: _____

Has there been a name change? ☐ Yes ☐ No

If so, by ☐ Marriage ☐ Divorce ☐ Adoption

Old name: _____ New Name: _____

If there has been a name change, please send in the legal document which authorizes your name change (i.e., marriage certificate or divorce decree).

Signature (of Tribal member or Parent/Spouse)

Date

Is your address current? Tribal member address changes must be submitted in writing to the NTC Enrollment Office in order to assure that the distribution of pertinent information can be sent to the correct address. The Enrollment officer or other staff may not modify an enrollment file in any fashion even if it is known that the file may not be up to date.